



Name Astragalus

Caps

Code	Size	Duration
C19-54	54 Capsules	Usually lasts 18 days
C19-100	100 Capsules	Usually lasts 33 days

Area concerned

Immune system and other areas of the body

Ingredients

325mg Astragalus membranaceous minimum per capsule.

Description

Astragalus has been used for centuries by Chinese herbalists to support the spleen (an important organ in immune function), help digestion and generally help the body's vitality.

Standard use

1 capsule, 3 times a day, taken with food or a drink. If desired, up to twice this amount can safely be taken.

How long to take it for

Take daily for a course of 3-4 months. Thereafter, take for 2-3 months if and when it is felt to be desirable.

Cautions

None

Companion Products

90-day Immune Programme; Echinacea Capsules or Drops, Echinacea Compound Capsules; Astragalus Drops; Mega-ton Drops, Dig Drops, Capsules or Tea, Min/Vit Capsules or Drops; Super Spirulina Tablets; Wheat Grass Capsules or Powder.

Caps

Drops

Code	Size	Duration
D09-50	50ml	Usually lasts 28 days
D09-100	100ml	Usually lasts 55 days

Area concerned

Immune system and other areas of the body

Ingredients

Astragalus membranaceous fluid extract only

Description

Astragalus has been used for centuries by Chinese herbalists to support the spleen (an important organ in immune function), help digestion and generally help the body's vitality.

Standard use

12-15 drops 3 times a day in a little water or juice. If desired, up to twice this amount can safely be taken.

How long to take it for

Take daily for a course of 3-4 months. Thereafter, take for 2-3 months if and when it is felt to be desirable.

Cautions

None

Companion Products

90-day Immune Programme; Echinacea Capsules or Drops, Echinacea Compound Capsules; Astragalus Capsules; Mega-ton Drops, Dig Drops, Capsules or Tea, Min/Vit Capsules or Drops; Super Spirulina Tablets; Wheat Grass Capsules or Powder.

Drops