



Name Astragalus & Echinacea

Caps

Code	Size	Duration
C17-54	54 Capsules	Usually lasts 18 days
C17-100	100 Capsules	Usually lasts 33 days

Area concerned

Immune system.

Ingredients

(min per capsule) Astragalus membranaceus 165mg, Echinacea angustifolia 165mg.

Description

The combination of Astragalus membranaceus and Echinacea angustifolia provides extra support for the body. Astragalus has been used for centuries by Chinese herbalists to support the spleen (an important organ in immune function) support digestion and help to tone all

Standard use

1 capsule, 3 times a day, taken with food or a drink (for easier digestion). If desired, up to three times this amount can safely be taken.

How long to take it for

Try taking daily for 3-4 months, then having a break for a few months. Some people like to do this before the colder season arrives. Thereafter, take if and when it is felt to be desirable. Can also be taken on alternate months. Also consider our **90-day Immune Programme**.

Cautions

None.

Companion Products

90-day Immune Programme; Cat's Claw Capsules or Drops; Cayenne Capsules; Echinacea Capsules; Echinacea Compound Capsules; Astragalus & Echinacea Drops; Lym Capsules or Drops; Pau d'Arco Capsules, Drops or Tea; Power Garlic Capsules.

Caps

Drops

Code	Size	Duration
D10-50	50ml	Usually lasts 28 days
D10-100	100ml	Usually lasts 55 days

Area concerned

Immune system and other areas of the body

Ingredients

50% each Echinacea angustifolia and Astragalus membranaceus fluid extracts.

Description

The combination of Astragalus membranaceus and Echinacea angustifolia provides extra support for the body. Astragalus has been used for centuries by Chinese herbalists to support the spleen (an important organ in immune function) support digestion and help to tone all internal

Standard use

12-15 drops 3 times a day in a little water or juice. If desired, up to three times this amount can safely be taken.

How long to take it for

Take for a course of 3-4 months, or as and when desired. Some people like to do this before the colder season arrives. Thereafter, take if and when it is felt to be desirable. Can also be taken on alternate months. Also consider our **90-day Immune Programme**.

Cautions

None.

Companion Products

90-day Immune Programme; Cat's Claw Capsules or Drops; Cayenne Capsules; Echinacea Capsules; Echinacea Compound Capsules; Astragalus & Echinacea Capsules; Lym Capsules or Drops; Pau d'Arco Capsules, Drops or Tea; Power Garlic Capsules.

Drops