



## Name B&B Drops

### Drops

Code	Size	Duration
M11-30	30ml	4-6 weeks

### Area concerned

Ears

### Ingredients

Black Cohosh, Vervain, Scullcap and Blue Cohosh

### Description

These Drops were originally formulated by *Dr Christopher* to support the anatomy, especially the nerves, of the ear. The **B&B Drops** can be used in conjunction with our **Garlic Oil**.

### Standard use

Apply 3-5 drops into each ear at night, plugging ear with cotton wool.

### How long to take it for

Take for a course of 3-4 months, or as and when desired.

### Cautions

Do not use if the ear drum is broken. A doctor can check this if there is any doubt.

*Department of Health warning: Black cohosh may rarely cause liver problems. If you become unwell (yellowing eyes/skin, nausea, vomiting, dark urine, abdominal pain, unusual tiredness) stop taking immediately and seek medical advice. Not suitable for patients with a previous history of liver disease.*

### Companion Products

Garlic Oil, Mullein Oil.

### Drops

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