



Name Burdock

Drops

Code	Size	Duration
D45-50	50ml	Usually lasts 28 days
D45-100	100ml	Usually lasts 55 days

Area concerned

Blood, detox

Ingredients

Burdock fluid extract only

Description

Burdock is one of the standard herbs in the armoury of all herbalists for assisting the natural detox functions of the body. It has the reputation of helping other herbs to work that bit harder to perform their supportive functions - in other words, consider using burdock in addition to any other formula you are using, to help it provide extra support.

Standard use

12-15 drops 3 times a day in a little water or juice. If desired, up to twice this amount can safely be taken.

How long to take it for

Take for a course of 3-4 months, or as and when desired.

Cautions

Take with caution if pregnant.

Companion Products

90-day Colon Programme; 90-day Detox Programme; 90-day Kidney Programme; 90-day Liver Programme; 90-day Lung Programme; Detox Capsules or Tea; Cascara Compound Capsules or Drops; Kid Capsules, Drops or Tea; Liv Capsules, Drops or Tea; Lu Capsules or Tea; Lym Capsules or Drops; Power Garlic Capsules; Red Clover Capsules or Drops.

Drops