



## Name Burdock

**Drops**

Code	Size	Duration
D45-50	50ml fluid extract	Usually lasts 28 days
D45-100	100ml fluid extract	Usually lasts 55 days

### Area concerned

Blood, detox

### Ingredients

Burdock fluid extract only (alcohol 25% vol.)

### Description

Burdock is one of the standard herbs in the armoury of all herbalists for assisting the natural detox functions of the body. It has the reputation of helping other herbs to work that bit harder to perform their supportive functions - in other words, consider using Burdock in addition to any other formula you are using, to make it work harder.

### Standard use

12-15 drops 3 times a day in a little water or juice. If desired, up to twice this amount can safely be taken.

### How long to take it

Take for a course of 3-4 months, or as and when desired.

### Cautions

Take with caution if pregnant.

### Companion Products

Colon Programme; Detox Programme; Kidney Programme; Liver Programme; Lung Programme; Detox Capsules or Tea; Cascara Compound Capsules or Drops; Kid Capsules or Drops; Kid Tea; Liv Capsules, Drops or Tea; Lu Capsules or Tea; Lym Capsules or Drops; Power Garlic Capsules; Red Clover Capsules or Drops.

**Drops****Drops**

The information contained within these data sheets may be subject to change without prior notice.  
To ensure the latest information is available call our free advice line

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