



Name Dandelion Root

Drops

Code	Size	Duration
D05-100	100ml	Usually lasts 16-17 days

Area concerned

Liver, kidneys, muscles and joints

Ingredients

Dandelion Root fluid extract only

Description

Valuable as a gentle and balancing aid for liver and kidney balance. Can benefit muscles and joints, and help keep blood sugar balanced. An excellent all-round herb. **Dandelion Root Drops** are quite mild - hence we supply only in the larger 100ml bottle, as we recommend you take a higher amount than is usual with our products in drops.

Standard use

25-30 drops 3 times a day in a little water or juice. If desired, up to twice this amount can safely be taken.

How long to take it for

Try taking daily for 4 months, then cutting down or leaving off completely. Thereafter, take if and when desired.

Cautions

Do not take with diuretic drugs.

Companion Products

90-day Liver Programme; Detox Capsules, Drops or Tea; Dig Capsules, Drops or Tea; Liv Capsules, Drops or Tea; Milk Thistle Capsules or Drops; Wild Yam Root Capsules or Drops.

Drops