



Name Hawthorn

Drops

Code	Size	Duration
D46-50	50ml	Usually lasts 28 days
D46-100	100ml	Usually lasts 55 days

Area concerned

Heart, blood pressure, arteries, veins

Ingredients

Hawthorn fluid extract only

Description

Hawthorn berry is a gentle herb used for centuries to assist the normal functioning of the heart and blood vessels. It is a great herb with a powerful reputation among herbalists.

Standard use

12-15 drops 3 times a day in a little water or juice. If desired, up to twice this amount can safely be taken.

How long to take it for

Take for a course of 3-4 months. Consider the *90-day Heart and Circulation Programme*, a more holistic approach to heart and circulation health.

Cautions

Do not take with heart drugs.

Companion Products

90-day Heart and Circulation Programme; BI-Circ Capsules; Cayenne Capsules; Ginkgo Capsules or Drops; Kid Capsules, Drops or Tea; Motherwort Capsules or Drops; Nve Capsules or Tea; Power Garlic Capsules.

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