



## Name Leslie Kenton's Herbal Cleanse

Caps

Code	Size	Duration
C98-54	54 Capsules	To use the intake Leslie recommends, you will need 144
C98-100	100 Capsules	capsules (3 x 6 x 8 capsules)

### Area concerned

Detox

### Ingredients

(min per capsule) 107mg each of Dandelion Root, Burdock and Cleavers

### Description

A herbal formula created exclusively for Leslie Kenton's eight day detox routine, as detailed in her book 'Leslie Kenton's Healing Herbs' (pub. Ebury Press, 2000).

### Standard use

As part of Leslie Kenton's cleansing routine - 6 capsules, 3 times a day with meals for the 8 days of the routine.

### How long to take it

Leslie Kenton recommends 8 days.

### Cautions

Do not take with diuretic drugs. Take with caution if pregnant.

### Companion Products

90-day Colon Programme; 90-day Detox Programme; 90-day Kidney Programme; 90-day Liver Programme; 90-day Lung Programme; Detox Drops or Tea; Cascara Compound Capsules or Drops; Kid Capsules, Drops or Tea; Liv Capsules, Drops or Tea; Lu Capsules or Tea; Lym Capsules or Drops; Power Garlic Capsules; Red Clover Capsules or Drops.

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