



Name Leslie Kenton's Herbal Cleanse

Caps

Code	Size	Duration
C98-54	54 Capsules	To use the intake Leslie recommends, you will need 144 capsules (3 x 6 x 8 capsules)
C98-100	100 Capsules	

Area concerned

Detox

Ingredients

(min per capsule) 107mg each of Dandelion Root, Burdock and Cleavers

Description

A herbal formula created exclusively for Leslie Kenton's eight day detox routine, as detailed in her book 'Leslie Kenton's Healing Herbs' (pub. Ebury Press, 2000).

Standard use

As part of Leslie Kenton's cleansing routine - 6 capsules, 3 times a day with meals for the 8 days of the routine.

How long to take it

Leslie Kenton recommends 8 days.

Cautions

Do not take with diuretic drugs. Take with caution if pregnant.

Companion Products

90-day Colon Programme; 90-day Detox Programme; 90-day Kidney Programme; 90-day Liver Programme; 90-day Lung Programme; Detox Drops or Tea; Cascara Compound Capsules or Drops; Kid Capsules, Drops or Tea; Liv Capsules, Drops or Tea; Lu Capsules or Tea; Lym Capsules or Drops; Power Garlic Capsules; Red Clover Capsules or Drops.

Caps