



## Name Marshmallow leaf

Tea

### Code

T14

### Size

50g

### Duration

Lasts 14-28 days

### Area concerned

Kidney tubules, lungs and bronchial areas

### Ingredients

Marshmallow leaf only

### Description

Lubricating Marshmallow leaf makes a tea which is a valuable aid when seeking to maintain the health of mucous membranes in kidney, lung and bronchial areas. We strongly recommend its use when using our *Hydrangea Root*.

### Standard use

Make a pot of tea once a day using one teaspoon to 1-2 mugs of boiling water according to taste. Drink, hot, warm, or cold until the pot is finished. Honey can be added if desired. If desired, up to twice this amount can safely be taken.

### How long to take it for

Take for a course of 3-4 months, or as and when desired. When using *Hydrangea Root* we recommend using this tea several times a day for a week, then once a day for a further month or two.

### Cautions

Take two hours away from drugs or supplements.

### Companion Products

Anti-Cat Capsules; Hydrangea Root; Kid Capsules, Drops or Tea; Lu Capsules or Tea; Ullc-Dig Capsules; Slippery Elm Tea.

Tea

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