



Name Mega-Ton

Drops

Code	Size	Duration
D14-50	50ml	Usually lasts 28 days
D14-100	100ml	Usually lasts 55 days

Area concerned

General energy level, nervous system

Ingredients

Herbal fluid extracts: 15% Verbena, 15% Astragalus, 10% Angelica, 10% Damiana, 10% Dandelion Root, 10% Prickly Ash, 10% Pau d'arco, 10% Gotu Kola, 10% Siberian Ginseng

Description

Designed as a general support for the whole body, including the body's energy level, the nervous system, digestive system, the immune system and the organs of the body in general. Verbena helps the nerves and the liver. Siberian ginseng supports the adrenal glands and nervous system. Astragalus is a great herb; herbalist *Michael Tierra* says "one of the most valuable .. for .. the spleen, kidneys, lungs and blood." Dandelion provides gentle support for the liver and kidneys; prickly ash assists the circulation; and pau d'arco supports the immune system. A supplement to help keep you energetic.

Standard use

12-15 drops 3 times a day in a little water or juice. If desired, up to twice this amount can safely be taken.

How long to take it for

Take for a course of 3-4 months. For maximum benefit, consider starting off with 25-30 drops 3 times a day for the first month, then reduce to 12-15 drops 3 times a day for the remaining 2-3 months of the course. Don't neglect your exercise regime at this time - exercise will work with the herbs to support your energy level the best.

Cautions

Do not take if pregnant or nursing.

Companion Products

90-day Immune Programme; Calendula Drops; Cat's Claw Capsules or Drops; Cayenne Capsules; Echinacea Capsules or Drops; Echinacea Compound Capsules; Lym Capsules; Pau d'Arco Capsules, Drops or Tea; Power Garlic Capsules.

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