



Name Pan

Caps

Code	Size	Duration
C74-54	54 Capsules	Usually lasts 18 days
C74-100	100 Capsules	Usually lasts 33 days

Area concerned

Pancreas, blood sugar

Ingredients

(min per capsule) Goat's Rue 92mg, Nettle 92mg, Fringe Tree Bark 46mg, Jambul 46mg, Dandelion Root 46mg.

Description

The pancreas is concerned with maintaining the blood sugar level within well defined limits. It does this by releasing insulin. In addition, it releases a battery of enzymes to assist digestion, including those to digest protein and fats. This herbal formula can help the pancreas in these functions which are vital to the body.

If you want a more holistic approach to caring for the pancreas, use our **90-day Digestive Programme with Capsules**, which includes this product.

Standard use

1 capsule, 3 times a day, taken with food or a drink (for easier digestion). If desired, up to twice this amount can safely be taken.

How long to take it for

Take daily for a course of 3-4 months. Thereafter, take for 2-3 months if and when it is felt to be desirable.

Cautions

None

Companion Products

90-day Digestive Programme; Dig Drops; Dig Tea; Liv Capsules, Drops or Tea; Pan Drops; Slippery Elm Capsules or Tea; Slippery Elm Plus Capsules.

Caps

Drops

Code	Size	Duration
D31-50	50ml	Usually lasts 28 days
D31-100	100ml	Usually lasts 55 days

Area concerned

Pancreas, blood sugar

Ingredients

25% Nettle, 20% Goat's rue, 15% Fringe Tree Bark, 15% Barberry, 10% Cinnamon tinc, 10% Jambul, 5% Gentian.

Description

Nettle and fringe tree are a classic combination for supporting and balancing the blood sugar and pancreas; goat's rue and jambul have similar effects; cinnamon is a 'binding' type of herb which - in Chinese terms - holds the formula together. Barberry balances the gall bladder, duodenum, pancreas; a small proportion of gentian gently supports the stomach and gall bladder. As well as supporting digestion, this remedy can also help support the organ's endocrine function (insulin production).

If you want a more holistic approach to caring for the pancreas, use our **90-day Digestive Programme with Drops**, which includes this product.

Standard use

12-15 drops 3 times a day in a little water or juice. If desired, up to twice this amount can safely be taken.

How long to take it for

Take daily for a course of 3-4 months. Thereafter, take for 2-3 months if and when it is felt to be desirable.

Cautions

Do not take if pregnant or nursing.

Companion Products

90-day Digestive Programme; Dig Drops; Dig Tea; Liv Capsules, Drops or Tea; Pan Capsules; Slippery Elm Capsules or Tea; Slippery Elm Plus Capsules.

Drops