



Name Plantain

Drops

Code	Size	Duration
D54-50	50ml	Usually lasts 28 days
D54-100	100ml	Usually lasts 55 days

Area concerned

Digestive system, immune system, detox.

Ingredients

Plantain fluid extract only.

Description

Plantain is used mainly to help the digestive and immune systems. Plantain also helps detox.

Standard use

12-15 drops in a little water or juice, 3 times a day.

How long to take it for

Try a course of 12-15 drops 3 times a day for 3 months.

Cautions

None.

Companion Products

90-day Digestive Programme; 90-day Immune Programme; 90-day Detox Programme; Digestive Capsules, Drops or Tea; Lym Capsules or Drops; Detox Capsules, Drops or Tea.

Drops