



Name Red Sage & Echinacea Gargle

Drops

| Code | Size | Duration |
|---------|-------|-----------|
| M15-50 | 50ml | 2-4 weeks |
| M15-100 | 100ml | 4-8 weeks |

Area concerned

Throat

Ingredients

(Fluid extracts except where stated) 22.5% Red Sage, 22.5% Tormentil, 22.5% Echinacea, 22.5% Thyme, 9.5% Licorice, 0.5% Tea Tree essential oil.

Description

A soothing gargle to use when desiring to support the throat area. *Echinacea Compound Capsules* or *Lym Capsules* can be used to support this formula.

Standard use

Gargle 3-6 times daily with 20 drops - 1 teaspoon in about a quarter of a glass or mug of warm water. After gargling with a mouthful of the mixture spit out and repeat until finished.

How long to take it for

Use for several weeks until you feel the need for support has passed.

Cautions

None.

Companion Products

90-day Immune Programme; Cat's Claw Capsules or Drops; Echinacea Capsules or Drops; Echinacea Compound Capsules; Lym Capsules; Pau d'Arco Capsules, Drops or Tea; Power Garlic Capsules.

Drops

SHARING KNOWLEDGE TO PROMOTE 100% HEALTH