



Name Skin

Caps

Code	Size	Duration
C35-54	54 Capsules	Usually lasts 18 days
C35-100	100 Capsules	Usually lasts 33 days

Area concerned

Skin, detox.

Ingredients

(min per capsule) Red Clover 65mg, Burdock 65mg, Cleavers 65mg, Sarsaparilla 65 mg, Yellow Dock 65mg.

Description

A formula to support the natural good health of the skin. This contains herbs which support detox and which particularly help the skin area. In addition, general cleansing measures will be of benefit, such as the **Colon Cleansing Programme**, **Liver Programme**, and **Kidney Programme**. Additionally, we recommend using one of our **Skin Brushes** to brush the sound areas of skin on the body.

Standard use

1 capsule, 3 times a day, taken with food or a drink (for easier digestion). If desired, up to twice this amount can safely be taken.

How long to take it for

Take daily for a course of 3-4 months. Thereafter, take for 2-3 months if and when it is felt to be desirable.

Cautions

Do not use if pregnant or nursing.

Companion Products

90-day Colon Programme; 90-day Detox Programme; 90-day Kidney Programme; 90-day Liver Programme; 90-day Lung Programme; Detox Drops or Tea; Cascara Compound Capsules or Drops; Kid Capsules, Drops or Tea; Liv Capsules, Drops or Tea; Lu Capsules or Tea; Lym Capsules or Drops; Power Garlic Capsules; Red Clover Capsules or Drops; Skn Drops.

Caps

Drops

Code	Size	Duration
D19-50	50ml	Usually lasts 28 days
D19-100	100ml	Usually lasts 55 days

Area concerned

Skin, detox

Ingredients

Herbal fluid extracts: 15% Dandelion Root, 12.5% Yarrow, Cleavers, 10% Calendula, Sarsaparilla, Blue Flag, Dandelion Leaf, Barberry, 7% Burdock, 3% Buckthorn

Description

A formula to support the natural good health of the skin. This contains herbs which support detox and which particularly help the skin area. In addition, general cleansing measures will be of benefit, such as the **Colon Cleansing Programme**, **Liver Programme**, and **Kidney Programme**. Additionally, we recommend using one of our **Skin Brushes** to brush the sound areas of skin on the body.

Standard use

12-15 drops 3 times a day in a little water or juice. If desired, up to twice this amount can safely be taken.

How long to take it for

Take daily for a course of 3-4 months. Thereafter, take for 2-3 months if and when it is felt to be desirable.

Cautions

Do not take with diuretics drugs. Do not take if pregnant or nursing.

Companion Products

90-day Colon Programme; 90-day Detox Programme; 90-day Kidney Programme; 90-day Liver Programme; 90-day Lung Programme; Detox Drops or Tea; Cascara Compound Capsules or Drops; Kid Capsules, Drops or Tea; Liv Capsules, Drops or Tea; Lu Capsules or Tea; Lym Capsules or Drops; Power Garlic Capsules; Red Clover Capsules or Drops; Skn Capsules.

Drops