



Name Herbal Snuff

Powder

Code	Size	Duration
P02-35	35g	Lasts up to 90 days

Area concerned

Sinuses

Ingredients

Bayberry, Eucalyptus, Golden Seal, Cayenne

Description

To assist the sinuses. A mixture created to be 'sniffed' up each nostril, and so support the sinus areas. Especially beneficial if used as part of our Sinus Programme.

Standard use

Sniff a pinch of herbal snuff up each nostril 3 times a day. Try to avoid blowing the nose for a couple of minutes for best benefit.

How long to take it for

Take for a course of 3-4 months, or as and when desired.

Cautions

None

Companion Products

90-day Sinus Programme; Anti-Cat Capsules; Power Garlic Capsules; Sin/All Capsules.

Caps

SHARING KNOWLEDGE TO PROMOTE 100% HEALTH