



## Name Thy 1 (Under)

### Caps

Code	Size	Duration
C79-54	54 Capsules	Usually lasts 18 days
C79-100	100 Capsules	Usually lasts 33 days

### Area concerned

Thyroid gland

### Ingredients

(min per capsule) Kelp 108mg, Damiana 54mg, Nettle 54mg, Wormwood 54mg, Mistletoe Leaf 54mg.

### Description

A formula which can help to support the function of the thyroid gland. Based on kelp, which can help support the body's vital energy. Damiana and wormwood give a boost to the properties of the kelp, and the other two herbs supplement this to produce a valuable formula to support the thyroid.

### Standard use

1 capsule, 3 times a day, taken with food or a drink (for easier digestion). If desired, up to twice this amount can safely be taken.

### How long to take it for

Take daily for a course of 3-4 months. Thereafter, take for 2-3 months if and when it is felt to be desirable.

### Cautions

Use with caution in thyroid disease or if taking thyroid drugs. Do not use if pregnant or nursing.

### Companion Products

Thy 1 Drops; Thy 2 (Balancing) Capsules; Kelp Capsules.

### Drops

Code	Size	Duration
D32-50	50ml	Usually lasts 28 days
D32-100	100ml	Usually lasts 55 days

### Area concerned

Thyroid gland

### Ingredients

35% Kelp, 15% each Damiana, Nettle, Angelica, Mistletoe and 5% Wormwood

### Description

A formula which can help to support the function of the thyroid gland. Based on kelp, which can help support the body's vital energy and is also a very nutritious herb. Supplemented with the sweetly named angelica archangelica, which combines well with kelp to enhance its properties. These two herbs combine with the others in the formula to provide a great support for the thyroid. Can help to maintain a healthy body weight.

### Standard use

12-15 drops 3 times a day in a little water or juice. If desired, up to twice this amount can safely be taken.

### How long to take it for

Take daily for a course of 3-4 months. Thereafter, take for 2-3 months if and when it is felt to be desirable.

### Cautions

Use with caution in thyroid disease or if taking thyroid drugs. Do not use if pregnant or nursing.

### Companion Products

Thy 1 (Under) Capsules; Thy 2 (Balancing) Capsules; Kelp Capsules.

### Caps

### Drops