



Name Thy 2 (Balancing)

Caps

Code	Size	Duration
C40-54	54 Capsules	Usually lasts 18 days
C40-100	100 Capsules	Usually lasts 33 days

Area concerned

Thyroid gland

Ingredients

(min per capsule) Kelp 162mg, Watercress 54mg, Parsley leaf 54mg Irish Moss 54mg.

Description

A formula which can help to support the function of the thyroid gland. Based on kelp, which helps support the body's vital energy and is also a very nutritious herb. Can help to maintain a healthy body weight.

Standard use

1 capsule, 3 times a day, taken with food or a drink (for easier digestion). If desired, up to twice this amount can safely be taken.

How long to take it for

Take daily for a course of 3-4 months. Thereafter, take for another 2-3 month course when it is felt to be desirable. Can also be taken as and when you feel like it.

Cautions

Use with caution in thyroid disease or if taking thyroid drugs. Do not use if pregnant or nursing.

Companion Products

Thy 1 (Under) Capsules or Drops; Kelp Capsules.

Caps