



## Name Ulc-Dig

Caps

Code	Size	Duration
C81-54	54 Capsules	Usually lasts 18 days
C81-100	100 Capsules	Usually lasts 33 days

### Area concerned

Stomach, duodenum, intestines

### Ingredients

(min per capsule) Marshmallow Root 80mg, Slippery Elm 80mg, Barberry 40mg, Pau d'Arco 40mg, Chamomile 40mg, Calendula 20mg, Poke Root 20mg

### Description

A soothing combination to care for the stomach and duodenum, with pau d'arco added to support the white blood cell count. Slippery elm and marshmallow act as demulcents to soothe the mucous membranes of the stomach. Soothing chamomile balances the local nervous connections. If desired, start off with 2 capsules 3 times a day, as a lesser amount may not be enough for full support. *Slippery Elm Capsules* or *Tea* can also be extremely valuable at this time.

### Standard use

1 capsule, 3 times a day, taken with food or a drink. If desired, up to three times this amount can safely be taken.

### How long to take it for

Take daily for a course of 3-4 months. Thereafter, take for 2-3 months if and when it is felt to be desirable. Can also be taken just as and when desired.

### Cautions

Do not use if pregnant or nursing.

### Companion Products

90-day Nerve Programme; Valerian Compound Capsules; Nve Capsules or Tea; Stom-Bal Capsules; Slippery Elm Capsules or Tea; Slippery Elm Plus Capsules; Nve-Restor Drops.

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