



Name Vari-Vn

Caps

Code	Size	Duration
C82-54	54 Capsules	Usually lasts 18 days
C82-100	100 Capsules	Usually lasts 33 days

Area concerned

Veins, especially leg area

Ingredients

(min per capsule) Horse Chestnut 64mg, Stone Root 64mg, Dandelion 64mg, Prickly Ash 32mg, Nettle 32mg, Hawthorn Berries 32mg, Rosehip 32mg.

Description

A combination of herbs which can help to maintain tone of the veins, and sustain the blood circulation, including that of the leg and the anal/rectal area. This product can also be used as an alternative to **BI-Circ Capsules**, as it contains hawthorn berries and prickly ash which help to support blood circulation. It is often important to use measures which can help maintain good circulation through the liver in this situation. For example, **Liv Capsules** or **Liv Drops** or **Dandelion Root Drops**.

Another very helpful product for the veins is our **Cayenne Capsules**. A good combination would be to use **Vari-Vn Capsules** with **Cayenne Capsules**, 1 of each 3 times a day, for several months.

Standard use

1 capsule, 3 times a day, taken with food or a drink (for easier digestion). If desired, up to twice this amount can safely be taken.

How long to take it for

Take daily for a course of 3-4 months. Thereafter, take for 2-3 months if and when it is felt to be desirable.

Cautions

Do not take alongside prescription drugs, or if pregnant or nursing.

Companion Products

90-day Heart and Circulation Programme; BI-Circ Capsules; Dandelion Root Drops; Ht Capsules; Liv Capsules or Drops; Cayenne Capsules.

Caps

SHARING KNOWLEDGE TO PROMOTE 100% HEALTH