



## Name Licorice

### Caps

Code	Size	Duration
C70-54	54 Capsules	Usually lasts 18 days
C70-100	100 Capsules	Usually lasts 33 days
T13	70g Tea	Lasts 14-28 days

### Area concerned

Adrenal glands, stomach, duodenum and intestines

### Ingredients

Licorice root only:

*Capsules* - powder, 325mg minimum. *Tea* - finely cut.

### Description

Soothing licorice root helps maintain good function of the stomach, duodenum, and whole intestinal tract. It helps support the mucous membranes, for example in the bronchial area, as well as in the digestive tract. Licorice can also help provide support for the adrenal glands.

### Standard use

**Licorice Capsules:** 1 capsule, 3 times a day, taken with food or a drink. If desired, up to twice this amount can safely be taken.

**Licorice Tea:** make as directed and drink 1-2 cups a day.

### How long to take it for

Take for a course of 3-4 months, or as and when desired.

### Cautions

Do not take with diuretic drugs or if you have high blood pressure. Do not take if pregnant.

### Companion Products

90-day Digestive Programme; Adreno Capsules or Drops; Slippery Elm Capsules or Tea; Ullc-Dig Capsules.

### Caps

### Drops

Code	Size	Duration
D47-50	50ml	Usually lasts 28 days
D47-100	100ml	Usually lasts 55 days

### Area concerned

Adrenal glands, stomach, duodenum, intestines

### Ingredients

Licorice fluid extract only.

### Description

Soothing licorice root helps maintain good function of the stomach, duodenum, and whole intestinal tract. It helps support the mucous membranes, for example in the bronchial area, as well as in the digestive tract. Licorice can also help provide support for the adrenal glands.

### Standard use

12-15 drops 3 times a day in a little water or juice. If desired, up to twice this amount can safely be taken.

### How long to take it for

Take for a course of 3-4 months, or as and when desired.

### Cautions

Do not take with diuretic drugs or if you have high blood pressure. Do not take if pregnant.

### Companion Products

90-day Digestive Programme; Adreno Capsules or Drops; Licorice Capsules; Slippery Elm Capsules or Tea; Ullc-Dig Capsules.

### Drops

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